

Sunday Service, April 18th, 2021

Live streaming on Facebook and YouTube

Three Refuges - Place palms together "like a lotus blossom" and repeat each verse following the leader...

Buddham śaranam gacchā mi Dhammam śaranam gacchā mi Sangham śaranam gacchā mi

(I go to the Buddha for refuge) (I go to the Dharma for refuge)

(I go to the Sangha for refuge)

Sutra Chanting & Incense offering - Shoshinge (pg. 1 - 30), Eko (pg 45).

Please offer incense by row starting at the front keeping distance. Please chant along in your head. We do not want to exchange too much of our breath in the hondo. For those at home, please offer incense at your home altar and chant along.

Dharma School - children will leave for Dharma School on the front lawn

Reading - from the Channa Sutra - To Channa the Wanderer

Meditation Chant - The Four Immeasurable Attitudes: (please see small strip of paper)

Dharma Talk - "Don't Live in a World of Aversion!" from Rev. Shelley Fisher

Closing Song - please sing with us "Home in the Meadow" follow this link to lyrics.

------ Announcements -----

Follow us on **Instagram** - **YouTube** and **FaceBook**

<u>Tea and treats-</u> Please join the sangha downstairs in Hiroma Hall following the service to share tea, treats and good conversation!

<u>Joyful Chanting</u> – every Tuesday 6:00 -7:00 pm and Saturday 4:00 - 5:00pm prior to Sunday service **in-person or** via <u>FacebookLIVE</u> and <u>YouTubeLIVE</u>. at our website.

<u>Dharma Book Group</u> - every Wednesday 6:30 pm - 8:00 pm via zoom. Click on **Go To RBC** to join the group. We're still reading *Rennyo's Letters*. All are welcome!

<u>Golden Light Meditation</u> - every Thursday 6:30 pm - 7:30 pm via zoom. Click on <u>Go To RBC</u> to join the group.

<u>Dharma Recovery</u> - every Friday 6:00 pm – 7:15 pm & Weds at Noon **in-person** or via zoom www.renobuddhistcenter.org/recovery-dharma-group.html



Moon Rabbit Drive-in! "Everybody Loves Lasagna!" w/ Chef Alberto from La Vecchia April 24th 4 - 6 pm

All are invited to join us for a drive-in or picnic style dinner serving veggie or meat sauce lasagna, 3 bean salad & Sicilian Orange Cake. A fun and safe way to enjoy an evening out!

For Reservations & donations go to

GoFundMe

https://gofund.me/0c8e391b

Volunteers Needed!

RBC Yoga - every Saturday 10:00 - 11:00 am **in-person** or from your mat at home via **FacebookLIVE** and **YouTubeLIVE** on our website.